

Man Overboard

On narrow canals and shallow rivers

Before you do anything else, take a breath and think.

Don't panic, don't jump in - and don't let others jump in, the water is very cold even in summer.

Keep sight of the person in the water at all times.

Turn your engine off. Don't reverse the boat - the person in the water could be dragged into the propeller.

Throw a line or a lifebelt and tell them to try to stand up - if it's a canal they might be able to walk out.

Steer the boat slowly to the bank and get one of your passengers to help the person to shore.